



The Way of the Shaman

**A journey of change,
evolution
and personal growing**

The Medicine Wheel

of the Incas

in Athens

2021 to 2022

with Joe Molloy

A Personal Journey and a Sacred Journey

Why Shamanism? And why the Incas?

Many find their way to this journey because they have had 'a calling' or because like many of us, including me, we have tried everything else and nothing else takes us beyond where we are, we feel stuck, but we know there is more. This is not a path of 'last resorts,' but a path of realising that our 'map of the world' has run out. We need a new one, and we need it now!

You have a right for more in your life. More love, more happiness, more contentment. Better relationships, better finances and greater connection in every way. I believe you have a right to all of this and more too.

Shamanism helps us to create a new relationship with ourselves and with the world we live in. It is a relationship where we are no longer limited by the beliefs we have been living with, or the beliefs of friends and family, or of the societies we live in. The Way of the Shaman is a personal healing journey that allows us the opportunity to ask:

"If I did not have to be limited by these old beliefs, what life could I live instead?"

~ And to hear the answers too. We are just required to say 'Yes!' Yes! to wanting more in our lives. 'Yes' to not wanting to be at war with ourselves or with anyone else. It is a journey that opens us to new possibilities so that we no longer have to live just with what has been probable. We open to rediscovering our destiny and living it.

The Inca prophecies speak of these times in which we live as being times of great change. They say that, once again, the world has turned over and we enter a new age or 'Pachacutti.' The traditions, teachings and Shamanic Healing tools

that we share with you come from an unbroken lineage that reaches back thousands of years, even before the times of the Incas. They are teachings, traditions and healing tools that are as relevant now as they have been for thousands of years.

At the core of our personal healing work and of our work with others, in this tradition, is our 'mesa.' The mesa is your healing or medicine bundle.

As you make your personal journey around the medicine wheel, through each of the four directions you will add stones to your mesa that undergo processes of transformation to become your 'khuyas' or personal healing stones.



Your “Khuyas” hold your healing gifts and healing energy, becoming healing tools that you use for your own benefit and in your shamanic healing practice with others, informed by the wisdom of your healing journey, and joined to the lineage of medicine men and women who have come before you, and also who are yet to come!

The Incas and the Qero call themselves the ‘Children of the Sun.’ And that is who we are also. We come here to shine like the bright stars that we are and always have been, even if we have not known this until now.

Healing rites Empowerments and Attunments

The journey that we take together on the medicine wheel would historically have been taken over many years. The Incas,

the Qero see that we live in times of great change and that ‘we’ no longer have time to wait for longer apprenticeships. We are given what we need, and what we will need, up front, before we have had the opportunity to ‘earn it.’ The rites you will receive, the initiations, empowerments and ceremony will help you to ‘become ready’ by giving you all that you need to step into being the next, newer and greater version of yourself.

Our old paradigm taught us that we had to wait for some external group, person, persons or people to show us the way. In these days we are now understanding that ‘we’ are the ones that we have been waiting for and this journey that we take together calls that future version of ourselves forward across time so that we don’t have to wait years, or even lifetimes. We ‘become’ the future version of ourselves now, in this lifetime. This is the time the Inca call the ‘Taripay Pacha.’ The time that we come face to face with who we really are, and who we can become.

To support these ‘leaps’ in our personal evolutionary journey and in addition to the healing and transformation that the medicine wheel brings you receive the gifts of the traditional lineage rites of the Incas.

These rites are healing empowerments that help to bring us into balance with the world within ourselves and the world around us. They help us to evolve and become, in this lifetime, the future version of ourselves that we have been aspiring to. And to bring our lives into balance with that in every way.

These rites or ‘carpi’ are given during the medicine wheel, spread across the whole journey and also in the Munay Ki.

The Munay Ki are a contemporary version of the traditional rites of passage of the Inca Shaman. They allow people to access the healing and transforming power of the rites without making the medicine wheel journey. They are gifts that you can learn so that you can pass on the opportunities for healing, change,

evolution and growth that you experience, to others.

My Munay Ki workshops, as well as my group journeys in Peru will give you all of the traditional rites in a contemporary form and teach you how to give them to others too.

The Way of the Shaman

THE PATH OF BEAUTY

The Way of the Shaman, in the Inca tradition is also often called 'The Path of Beauty.' It stems from an 'un broken lineage' that began thousands of years ago.

There are many subtle but important differences between the history and the lineage of this path and other shamanic traditions that I feel can be and are experienced by all who come across it.

The Qero who were the 'Royal House of the Sun' of the Incas lived lives like kings and queens in the times of the great Inca empire. And yet they were not distracted or corrupted by the gold around them or their position of significance to the Incas. Their every day was spent in relationship with the Pachamama, the mother earth and with Inti Tai Tai, father sun, with all of the natural and 'living' world around them. Mountains, rivers, trees, the stars and the heavens above. To them everything had life, everything had a voice. And as they listened all of nature spoke to them.

The Incas, just like the Mayans and every ancient indigenous civilization had a calendar. They derived prophecies from what they saw and from the messages from the other worlds that they journeyed to in their visions and meditations, including the world of the ancestors.

About 550 years ago as they looked to the stars they saw the signs that the next age, or Pachacutti was approaching. And at the same time in the day to day world around them they saw the arrival of

Europeans. In Peru these were mainly Spanish people who had come to South America inspired by the stories of wealth, abundant gold and many more treasures even than these.

They saw that the world was turning over and settling into an age of darkness for some time. So, when the time came they decided to make use of the opportunity and they left their palaces and their lives in Cusco, the great city of the Incas and walked into the mountains where generation after generation they lived not as kings and queens but as farmers.

Working with the land, living in harmony with the seasons and cycles of nature growing potatoes, quinoa and corn, raising llamas, alpacas and sheep. They waited until the world would be ready in another 550 or so years to receive them back and listen to the gifts of their stories and healing tools that would help a new generation to become the people they came here to be. They left to live in peace leaving everything behind. And so, they do not carry the story of the 'trail of

tears' that the north American Indians and many other indigenous peoples across the world who experienced the coming of the Europeans across the seas to their lands do. They did not inherit the story of loss as their legacy for future generations to live, including us. Instead they walked the Path of Beauty that they gift now us.

The Way of the Shaman

The Training Programme:

With the recent and current impact of national social distancing measures, it makes sense to arrange provisional dates for our workshops, and to confirm these as we approach each direction of the medicine wheel. As you can imagine, in 2020 and 2021 many workshops have had to be rearranged.

The Medicine Wheel teachings are the fundamental principles that sit behind

'The Way of the Shaman.' During this course you will deepen and explore your personal healing journey. At the same time you will learn powerful healing processes and techniques that you can share.

South Class:
October 7th to 12th 2021
The Way of the Wounded Healer
The healing power of Serpent

Here we begin our journey together. Learning the foundation of all the healing tools of the Shaman, the Healing Tool of 'Illumination.' We uncover and reveal the personal stories that bind us to living the same lives over and over so that we can begin to step away from them.

West Class:
To be confirmed (February 2022)
The Way of the Peaceful Warrior
The healing power of Jaguar

Working with the lineage of our ancestors and our past life karmic lineages we

make peace with ourselves and with the world around us. Stepping out of the place of victim in our lives and claiming our 'own' power. Here we learn the energy extraction healing tools of the jungle shaman.

North Class:
To be confirmed (May 2022)
The Way of the Hero
The healing power of Hummingbird

The foundation of the healing journey that we have created in the first half of the programme allows us now to call in the lives we would really want to live now that we don't have to keep living the same old stories we we're used to in this and in past lives. Here we listen not to who we have been, but to the voice of the future and who we can be. This is where we learn and practice the healing tool of 'Soul Retrieval.'

East Class:
To be confirmed (October 2022)
The Way of the Seer
The healing power of Condor Eagle

We cannot arrive at the place of the 'East' without the healing journey of the earlier parts of the programme. Here, having let go of our old stories and begun to open more and more to who we can be we learn how to work with the creative force of the universe, 'Causay,' or Shakti energy. Here also we learn the great 'death rites' of the Incas. Here we learn how to live and how to die consciously. In many ways this is the end of the programme but also the real beginning of the journey.



Joe Molloy

Shaman, Healer, Teacher and practitioner of the Energy Medicine of the Inca's.

I will be your facilitator and guide as we journey together through the Medicine Wheel. I have worked with individuals and groups for over 30 years. Currently I teach shamanism and shamanic healing in England, Ireland and Greece, and lead Sacred Group Journeys in Peru and India.

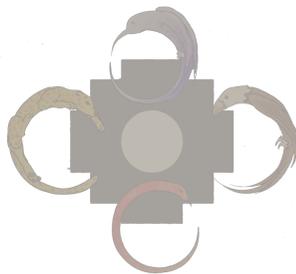
We have become so used to 'getting by' and to suffering that we have forgotten how to connect to the world around us, to a life more fabulous and amazing than we expect. We have forgotten how to connect to our highest destinies. Now is the time to re ~ member. The Medicine Wheel is both a personal journey of healing and self-discovery, a journey of evolution. It is training for life.

Join us and learn the powerful healing tools of the Inca Shaman that will change your life and the lives of those you know.

The Venue for 2021 ~ 2022
The Healing Partners North Ymittos
Centre. Athens. Greece.

TRAINING: €500 per module (4 modules)

There is a reduction for students returning to 'deepen' their practice and understanding of their personal journey and Shamanic Healing Skills for Students who have completed this same programme with me before.



This programme is non-residential but includes lunch and refreshments:

Each module is comprised of 6 days. The 4 modules take you on the great personal healing journey and in addition, after the 4 modules you will have the knowledge, skills and experience that you need to practice the powerful, healing, Energy Medicine of the Shaman of the Inca tradition. Throughout the programme you will be supported by myself and a team of facilitators with many years of experience of working as Shamanic Practitioners.

I have given you a 'taste' of what to expect here in this brochure. But such a short collection of words cannot describe everything. So, if you are curious and would like to know more, please get in contact.

I look forward to hearing from you

Joe x

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